

# GYM

## Antioxidant & Immune Blend

Features vitamin A, C & E, zinc, echinacea, rose hips, citrus bioflavonoids, hesperidin, rutin, lemon peel and orange peel.

## Multi-Vitamin & Mineral Blend

Provides 100% of the U.S. Recommended Daily Allowance of essential vitamins and minerals to maintain good health.

## Sustained High Energy Blend

No quick crash here! This blend gets you going, makes you feel good and keeps you there. Creatine, taurine, L-carnitine, panax ginseng and green tea extract.

## Super Green Blend

A combination of super green foods—wheat grass juice powder, alfalfa, spirulina and chlorella. Think green!

## Ultimate Fiber Blend

The perfect balance of insoluble and soluble fiber. A combination of beet, wheat, rice & flax. Plus, it makes you feel full longer.

## Weight Loss Blend

By combining rice protein, dietary fiber, green tea extract, chromium picolinate, garcinia cambogia and L-carnitine, our Weight Loss Blend provides a fuller feeling for your healthy weight loss program.

## Chocolate Whey Protein Concentrate

80% Ultra-filtered protein is designed for easy blending. This is an excellent source of protein due to its superior bioavailability and optimal amino acid profile. No artificial flavors are used. Our smooth tasting natural flavored chocolate blends well with your favorite beverage.

## Vanilla Whey Protein Concentrate

80% Ultra-filtered protein is designed for easy blending. This is an excellent source of protein due to its superior bioavailability and optimal amino acid profile. No artificial flavors are used. Our smooth tasting natural flavored vanilla blends well with your favorite beverage.

